

MENTAL HEALTH ASSISTANT TRAINING

24 WEEK SYLLABUS

Week 1-4

Assignment: Read "The Solution: Mental Health Assistants" By Craigen Armstrong and Adrian Berumen.

Exam date: _____

Week 5-8

Assignment: Read "7 Habits of Highly Effective People" By Stephen Covey.

Exam: 2 part book report: Part 1- Private Victory, Part 2- Public Victory (2 pg. Min. each)

Exam date: _____

Week 9-12

Assignment: Read "Insane" by Alisa Roth.

Exam: Book report (3 pg. Min.)

Exam date: _____

Week 13-16

Assignment: Read "Diagnostic Statistical Manual" pg.87-95

Schizophrenia/Psychotic disorder, pg. 99-110

Schizophrenia/Schizoaffective, pg. 123-139

Bipolar 1/ Bipolar 2, pg. 160-170 Depressive Disorder

Exam date: _____

Week 17-20

Assignment: Read "Decriminalizing Mental Illness"

Exam: Weekly Presentation (4 articles total)

Exam date: _____

Week 21-24

Assignment: Read "How to Win Friends and Influence People" by Dale Carnegie.

Exam: Give presentation on book.

Exam date: _____

Continuing Education-Suggested Reading:

"Undoing Depression" by Richard O'connor

MERK Manual ch. : 126-129, 134.

Stahl's self assessment exam in psychiatry.

"Prescriber's Guide" Stahl's 7th ed.